



Park Hill School District

Building Successful Futures • Each Student • Every Day



ImPACT™

Dear Parent/Guardian,

Park Hill School District is currently implementing an innovative program for our student-athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 30-45 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. **It, however, is not an IQ test.**

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is used to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

It should be stressed that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Park Hill School District administration, coaching, and athletic training staffs are striving to keep your child's health and safety at the forefront of the student athletic experience. If you have any further questions regarding this program please feel free to contact the Park Hill Athletic Department at 359-4100 or the Park Hill South Athletic Department at 359-4120.



Park Hill School District

Building Successful Futures • Each Student • Every Day



Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

We have read the Parent Information Letter and understand its contents. We have been given an opportunity to ask questions and all questions have been answered to our satisfaction. We agree to participate in the ImPACT Concussion Management Program.

In addition, we have received and read the MSHSAA materials on Concussion, which includes information on the definition and symptoms of a concussion, what to do if you have a concussion, and how to prevent a concussion.

Printed Name of Athlete _____

Sports/Activities _____

Signature of Student

Date

Signature of Parent

Date

Optional – Refusal to Consent to ImPACT baseline testing

*I/We understand the Park Hill School District and MSHSAA have identified concussions as a potential long-range health issue for student athletes and activity participants. The primary focus of this program is the safety and protection of our students. I/We wish to **opt-out** my student, _____, from the ImPACT Concussion baseline assessment. Although my student is not participating in the ImPACT baseline assessment, I understand my student will be required to follow the MSHSAA and Park Hill School District concussion return to play guidelines. **Do NOT sign below if participating.***

Signature of Parent

Date